

# 26th Annual Eau Claire Figure Skating Competition

# Sponsored by the Eau Claire Figure Skating Club www.ecfigureskate.org

# Sanctioned by U S Figure Skating

March 13 &14, 2015 Individual Events March 15 Synchronized Team Skating

Entry Closing Date: February 7, 2015

The Eau Claire Figure Skating Competition will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current Rulebook as well as any pertinent updates which have been posted on the U.S. Figure Skating web site.

**<u>ELIGIBILITY/TEST LEVEL</u>**: This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and is a currently registered member of a U.S. Figure Skating member club, a collegiate club or an individual member.

Competition level is the highest test passed as of the entry deadline, in the discipline the skater is entering. Entrants may skate one level <u>above</u> that for which they qualify, but <u>they may not skate</u> <u>down in any event</u>. Where necessary, levels will be divided into flights as closely as possible by age.

**ENTRIES:** The entry fees for single events are \$100 for the first event and \$35 for the next event and \$20 for any other events (excluding Championship Events). A Championship Event is \$120. Fees for synchronized teams are \$95 per team plus \$14 per skater for all levels except Beginner, which will be \$65 per team plus \$7 per skater.

On-line registration at the Eau Claire FSC website (ecfigureskate.org) is **preferred**; however you may instead submit a paper registration form. Credit or debit card payments will be charged a 3.8% service fee by the credit card service the club is using. If you pay by check a \$10.00 processing fee will be charged. An additional \$25 will be charged for checks that are returned and the skater will only be allowed to compete if payment is subsequently made by cash or money order.

Entries must be either postmarked no later than February 7, 2015 or made on-line prior to midnight February 7, 2015. Late entries may be accepted at the discretion of the Competition Committee, and will be assessed a \$25 late fee. If there is only one skater the event will be cancelled, unless the single entry is due to a withdrawal. The skater may still choose to skate an exhibition. Notification of competition and practice ice times will be available by email with a PIN number to access your account.

<u>REFUND POLICY:</u> Entry fees will not be refunded **after February 7**, **2015** unless no competition exists or an event is canceled. There will be no refunds for medical withdrawals. **The online processing fees are not refundable**.

**FACILITIES:** The competition will be held at Hobbs Ice Arena, 915 Menomonie Street Eau Claire, Wisconsin. The arena has two ice surfaces that will be used for the competition and practices. Rink sizes are 85 x 190. The arena has seating for spectators and a concession stand that will be open during the competition. Dressing rooms are available and vendors will be present. Free parking is available for the event.

<u>MUSIC:</u> Only CD's (standard compact disc format only) will be accepted. They should be clearly marked with the skater's name. CD's must contain only one track and be recorded on CD-R media (no CD-RW's due to compatibility problems). It is suggested that you have a duplicate CD available with you. The official competition music must be turned in at the registration table at the time of check-in. A duplicate CD should be readily available. Music may be picked up at the registration table following each event. Every reasonable care will be taken, but the Eau Claire Figure Skating Club cannot be responsible for CDs left at the end of the competition. **PLEASE HAVE SEPARATE CD'S FOR PRACTICE AND COMPETITION.** 

**LIABILITY:** In accordance with Rule 1600 of the official U.S. Figure Skating Rulebook U.S. Figure Skating, Eau Claire Figure Skating and Hobbs Ice Arena accept no responsibility for injury or damage sustained by any participant in this competition.

JUDGING SYSTEM: The 6.0 Majority Judging System will be used for all events.

<u>REGISTRATION:</u> Registration will be available no later than 30 minutes before the first event of the competition and during all scheduled practice ice sessions and competition events. The registration table will be located in the main lobby of Hobbs Ice Arena. **PLEASE REGISTER PROMPTLY UPON ARRIVAL.** 

**PRACTICE ICE:** Sessions of 20 minutes may be reserved in advance for \$10.00 per session. Please complete the practice ice portion of the online registration or with your mailed form. You will be notified when online practice ice registration is available. Skaters will choose their own practice ice sessions. You will receive an email with a PIN number to access your practice ice records and to select your session(s). Practice ice will begin on Thursday evening, March 12, 2015, and continue at various times for the duration of the competition. Reserved practice ice is transferable (to other sessions or skaters), but not refundable. If available, additional practice ice can be purchased at the event for \$15.00. Information regarding available practice ice will be posted on our website.

Synchronized team practice ice will be available for purchase at a cost of \$60 per 15-minute session and will be held on Saturday evening March 14, 2015. You will be notified when online practice ice registration is available.

**PHOTOGRAPHY/VIDEOGRAPHY**: The official photographer, Buckley's Studio of Fine Photography, will be present to take award pictures. Videotaping and action photos will be available pending vender availability. Skaters may sign up for these services at the designated tables near the registration area. Note that no flash photography will be allowed in the official photography area. Also note that flash photography on the rinks is not allowed when skaters are on the ice.

**INITIAL/FINAL ROUND FOR FREE SKATE EVENTS:** Where necessary Free Skating Events will be divided into flights as closely as possible by age. If there are two or more flights, final rounds will be skated. If there are two flights, the top four in each flight will qualify for a final round skate-off. If there are three flights, the top three in each flight will qualify for a final round skate-off. If an event has four or more flights, the top two will qualify for the final skate-off. If there are enough entrants for only one flight, there will be no final round for that level. THERE ARE NO FINAL ROUNDS FOR INTRODUCTORY LEVELS FREE SKATE.

<u>AWARDS</u>: OFFICIAL Medals will be given to the top four skaters in each flight. Awards will not be given for exhibition skating. Plaques will be awarded to the top three skaters in each Finals Event. Trophies will be given to the top three skaters of the combined placements for Championship Events. Trophies will be awarded to the top three synchronized skating teams in each division except the beginner level, which will receive medals. Awards and pictures will be held off-ice as soon as official results for each event are posted. Skaters should report to the awards and pictures area immediately following the posting of results. The 26th Annual Sparks-Sternaman Founders Trophy will be awarded to the top-ranked Junior Freestyle skater. Awards will not be given for exhibition free skates.

**OFFICIAL NOTICES:** An official bulletin board will be maintained in the main lobby area of the Arena near the registration desk. It is the responsibility of each competitor, parent, and/or coach to check the bulletin board frequently for any schedule changes and/or additional information. A tentative schedule of events will be posted prior to the competition. Skaters are requested to arrive 45 minutes prior to the scheduled time of their event. Events may run ahead at the discretion of the referee.

**INFORMATION REGARDING COACHES:** To coach at a U.S. Figure Skating qualifying level competition, a professional coach or choreographer must be:

- Declared by a skater in the registration process with the club
- Listed as Coaches Education Requirement (CER) <u>Category A or B (Category C for</u> <u>Basic Skills events)</u> compliant for the current season
- Current with Coach Registration (requires annual fee and background check)
- A current member in good standing with U.S. Figure Skating
- A coaches' requirements chart can be found here: <u>http://www.usfigureskating.org/Content/Coaches%20Requirement%20Chart.pdf</u>.

The local organizing committee/club will have a list of coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential. Coaches who are NOT on the list will need to show proof of membership in U.S. Figure Skating, a Coaches Registration card, proof of Category A or B (C for Basic Skills) compliance in CER, and a photo I.D. at check in. If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – <u>no exceptions</u>. We strongly urge *all* coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions.

<u>CONTACT INFORMATION:</u> If you have questions, please contact Angle Southworth at <u>southwak@hotmail.com</u> or 715-577-1755 or Kristin Walukas at <u>klwalukas@msn.com</u>.

#### **ADDITIONAL INFORMATION:**

Host Hotel: Clarion Hotel Campus Area

2703 Craig Road, Eau Claire, WI

715-835-2211 or 800-472-3297

RATES ARE \$77.95 + tax PER NIGHT (ONE TO FOUR OCCUPANTS)

All rooms have a microwave and refrigerator. Amenities also include:

Green Mill Restaurant & Bar, indoor pool, whirlpool, fitness and game room.

ROOMS WILL BE AVAILABLE AT THIS RATE THROUGH FEBRUARY 19, 2014 under ECFSC

**Directions to the hotel from I-94:** Exit 65 to Hwy 37, left at Craig Rd, hotel on right. **Directions from hotel to rink:** Right on Craig Rd, left on Clairemont Ave, right on Menomonie St, right at Riverside Bike and Skate,

Hobbs Ice Arena's address is 915 Menomonie St., Eau Claire, WI

#### SYNCHRONIZED INFORMATION

All Synchronized events will be held on Sunday March 15, 2015.

A \$3.00 spectator admission will be charged for this event for those 13 and older.

#### <u>TESTING:</u>

A USFS test session will precede the competition on March 12, 2015. If you are interested in participating, you will find the Test Application on our club website. Please complete and mail to Kristin Walukas (address on form) by February 4, 2015.

# **Events Offered**

#### EVENT: Introductory Levels Free Skate

- Skaters will skate to the music of their choice. Vocal music is permitted.
- Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or "skate up" to one level higher.

Level	Time	Jumps	Spins	Step Sequences
Beginner (no higher test passed than Basic Skills FS4)	1:30 +/- 10 sec. Vocal music permitted	Max 5 jump elements: Jumps with not more than one-half rotation (front to back or back to front). Max 2 jump sequences Max 2 of any same jump	Max 2 spins: Two upright spins, no change of foot, no flying entry (Min 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program.
High Beginner (no higher test passed than Basic Skills FS5)	1:30 +/- 10 sec. Vocal music permitted	Max 5 jump elements: Jumps with not more than one-half rotation (front to back or back to front including half-loop) Single rotation jumps: Salchow and toe loop only. Max 2 jump combinations or sequences Max 2 of any same type jump.	Max 2 spins: Two upright spins, change of foot optional, no flying entry (Min 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program.
No-Test (has not passed a Pre- Preliminary Test)	1:40 MAX Vocal music permitted	Max 5 jump elements: Single Jumps (no Axel) Max 2 combos or sequences. Combos limited to 2 jumps Number of jumps in sequence is limited to a max of 3 single jumps (half-loop is not considered a single jump).	Max 2 spins: Spins must be a different character. Minimum three revolutions each. Spins may change feet, position and start with a fly.	One step sequence that utilizes ½ of the ice surface

#### EVENT: Test Track Free Skate

- Skaters may <u>not</u> enter both a Well Balanced Free Skate event and a Test Track Free Skate event at the same non qualifying competition.
- Skaters will skate to the music of their choice. Vocal music IS permitted at all levels.
- Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or "skate up" to one level higher.
- Minimum number of spin revolutions are in () following the spin description. Revolutions must be in position.
- The following deductions will be taken:
- 0.1 from each mark for each technical element included that is not permitted in the event description.
- 0.2 from the technical mark for each extra element included.
- 0.1 from the technical mark for any spin that is less than the required minimum revolutions.

Level	Time	Jumps	Spins	Step Sequences
Pre-Preliminary	1:30 +/- 10 sec.	<ul> <li>Maximum of 5 jump elements:</li> <li>Jumps with not more than one-half rotation (front to back or back to front including half-loop)</li> <li>Single rotation jumps: Salchow, toe-loop and loop only.</li> <li>Max. 2 jump combinations or sequences</li> <li>Max. 2 of any same type jump</li> </ul>	Maximum of 2 spins: Two spins of a different nature, one position only. No change of foot, no flying entry. (3)	Connecting moves and steps should be demonstrated throughout the program.
Preliminary	1:30 +/- 10 sec.	<ul> <li>Maximum of 5 jump elements:</li> <li>Jumps with not more than one rotation (no Axels).</li> <li>Max. 2 jump combinations or sequences</li> <li>Max. 2 of any same type jump</li> </ul>	<ul> <li>Maximum of 2 spins:</li> <li>One spin in one position; no change of foot, no flying entry. (3)</li> <li>One spin consisting of a front scratch to back scratch; exit on spinning foot not mandatory. (3 per foot)</li> </ul>	Connecting moves and steps should be demonstrated throughout the program.
Pre-Juvenile	2:00 +/- 10 sec.	<ul> <li>Maximum of 5 jump elements:</li> <li>Jumps with not more than one rotation (no Axels).</li> <li>Max. 2 jump combinations or sequences</li> <li>Max. 2 of any same type jump</li> </ul>	<ul> <li>Maximum of 2 spins:</li> <li>One spin in one position, no change of foot (3)</li> <li>One combination spin: forward camel spin to forward sit spin; change of foot optional (6). Spins may not fly.</li> </ul>	One step sequence fully utilizing ice surface.
Juvenile (under 14 yrs) & Open Juvenile (14 yrs. and older) (Age as of the competition closing date)	2:15 +/- 10 sec.	<ul> <li>Maximum of 5 jump elements:</li> <li>Any single jumps, including Axel, are permitted.</li> <li>Max. 2 jump combinations or sequences</li> <li>Max. 2 of any same type jump</li> </ul>	<ul> <li>Maximum of 2 spins:</li> <li>One solo spin in one position, no change of foot (4).</li> <li>One combination spin with one change of foot and at least one change of position, must include two of the basic spin positions. (4 per foot)</li> <li>Only solo spin may fly</li> </ul>	One step sequence fully utilizing ice surface.
Intermediate	2:30 +/- 10 sec.	<ul> <li>Maximum of 6 jump elements:</li> <li>Any single jumps.</li> <li>Double jumps permitted: double salchow and double toe-loop.</li> <li>Maximum of 3 jump combinations or sequences</li> <li>Max. 2 of any same type jump</li> </ul>	<ul> <li>Maximum of 2 spins:</li> <li>One must be a flying spin (5),</li> <li>One must be a combination spin with at least one change of foot and at least one change of position (4 per foot).</li> </ul>	One step sequence fully utilizing ice surface.

# **EVENT:** Test Track Free Skate, continued

Level	Time	Jumps	Spins	Step Sequences
Novice	Ladies: 3:00 +/- 10 sec. Men: 3:30 +/- 10 sec.	<ul> <li>Maximum of 7 jump elements for men and 6 for ladies:</li> <li>Any single jumps.</li> <li>Double jumps permitted: double Salchow, double toe-loop and double loop.</li> <li>Maximum of 3 jump combinations or sequences</li> <li>Max. 2 of any same type jump</li> </ul>	<ul> <li>Maximum of 3 spins, of a different nature:</li> <li>One must be a combination spin with at least one change of foot and at least one change of position (5 per foot)</li> <li>The other spins are the option of the skater (6)</li> <li>All spins may fly</li> </ul>	One step sequence or spiral sequence fully utilizing ice surface. (See rule 4104 & 4105, for remarks)
Junior	Ladies: 3:30 +/- 10 sec. Men: 4:00 +/- 10 sec.	<ul> <li>Maximum of 8 jump elements for men and 7 for ladies: <ul> <li>Any single jumps.</li> <li>Double jumps permitted: double Salchow, double toe-loop, double loop and double flip</li> <li>Maximum of 3 jump combinations or sequences</li> <li>Max. 2 of any same type jump</li> </ul> </li> </ul>	Maximum of 3 spins of a different nature: • One spin in one position (6) • One flying spin (6) • One combination spin consisting of all three basic positions and one change of foot (2 per position, 5 per foot)	One step sequence fully utilizing ice surface. (See rule 4105 for remarks)
Senior	Ladies: 4:00 +/- 10 sec. Men: 4:30 +/- 10 sec.	<ul> <li>Maximum of 8 jump elements for men and 7 for ladies: <ul> <li>Any single jumps.</li> <li>Must include at least four different double jumps, one must be a double Lutz.</li> <li>Triple jumps are not permitted</li> <li>Maximum of 3 jump combinations or sequences</li> <li>Max. 2 of any same type jump</li> </ul> </li> </ul>	<ul> <li>Maximum of 3 spins of a different nature:</li> <li>One spin in one position (6)</li> <li>One flying spin (6)</li> <li>One combination spin consisting of all three basic spin positions and one change of foot (2 per position, 5 per foot)</li> </ul>	Men: Two different step sequences, one being of advanced difficulty, both fully utilizing the ice surface. (See rule 4105 for remarks) Ladies: One step sequence of advanced difficulty, covering the full ice surface and one spiral sequence. (See rule 4104 & 4105 for remarks.)

#### EVENT: Well Balanced Program Free Skate

- Skaters may <u>not</u> enter both a Well Balanced Free Skate event and a Test Track Free Skate event at the same non qualifying competition.
- Skaters will skate to the music of their choice. Vocal music is permitted for pre-preliminary intermediate.
- Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or "skate up" to one level higher.
- An element with an asterisk (\*) means that it is required.

Level	Time	Jumps	Spins	Step Sequences
Pre-Preliminary	1:40 MAX. Vocal music permitted	<ul> <li>Maximum of 5 jump elements:</li> <li>Any single jumps, including Axel, allowed.</li> <li>Max. 2 jump combinations or sequences</li> <li>Jump combinations are limited to 2 jumps.</li> <li>Number of jumps in a jump sequence is limited to a max. of 3 single jumps (½ loop is not considered a single jump.)</li> <li>Axel may be repeated as an individual jump, as part of a jump combination or jump sequence. Max of 2 Axels.</li> <li>Double or triple jumps are not allowed.</li> </ul>	<ul> <li>Maximum of 2 spins:</li> <li>Spins must be of a different character (for definition see rule 4103E)</li> <li>Spins may change feet and/or position.</li> <li>Spins may start with a fly.</li> <li>Minimum of 3 revolutions</li> </ul>	One step sequence that must use ½ of the ice surface. * Moves in the field and spiral sequences are permitted but will not be counted as elements. Jumps may be included in the step sequence.
Preliminary	1:30 +/- 10 sec. Vocal music permitted	<ul> <li>Maximum of 5 jump elements: <ul> <li>One must be an Axel or waltz-jump.</li> <li>Max. 2 jump combinations or sequences</li> <li>Jump combinations limited to 2 jumps</li> <li>Number of jumps in a jump sequence is limited to a max. of 3 single jumps (½ loop is not considered a single jump.)</li> <li>Only 2 different double jumps may be attempted, selected from: double Salchow, double toe-loop, double loop)</li> <li>Axel and chosen double jumps or as part of jump combination or sequence, but no Axel or double jump may be repeated more than once.</li> <li>Maximum of 2 Axels or any double jump.</li> <li>Double flips, double Lutzes, double Axels or triple jumps are not allowed.</li> </ul> </li> </ul>	<ul> <li>Maximum of 2 spins:</li> <li>Spins must be of a different character (for definition see rule 4103E)</li> <li>Spins may change feet and/or position.</li> <li>Spins may start with a fly.</li> <li>Minimum of 3 revolutions</li> </ul>	One step sequence that must use ½ of the ice surface. * Moves in the field and spiral sequences are permitted but will not be counted as elements. Jumps may be included in the step sequence.
Pre-Juvenile	2:00 +/- 10 sec. Vocal music permitted	<ul> <li>Maximum of 5 jump elements:</li> <li>One must be an Axel or waltz -jump.</li> <li>Max. 2 jump combinations or sequences</li> <li>Jump combinations limited to 2 jumps</li> <li>Number of jumps in jump sequence is limited to a max. of 3 single or double jumps. (½ loop is not considered a single jump at this level.)</li> <li>Number of different double jumps is not limited.</li> <li>Axel and no more than 3 different double jumps may be repeated as</li> <li>Individual jumps, as part of jump combination or jump sequence.</li> <li>Maximum of 2 Axels or any double jumps</li> </ul>	<ul> <li>Maximum of 2 spins: <ul> <li>1 spin combination;</li> <li>with/without change of foot*, may fly.</li> </ul> </li> <li>1 spin with only 1 position*, may fly, no change of foot</li> <li>Min 4 revs; 6 revs. for combo</li> <li>Spins must be of a different character (for definition see rule 4103E)</li> </ul>	One step sequence fully utilizing ice surface. * Moves in the field and spiral sequences are permitted but will not be counted as elements. Jumps may be included in the step sequence.

# **EVENT**: Well Balanced Program Free Skate, continued

Level	Time	Jumps	Spins	Step Sequences
Juvenile (under 14 years) & Open Juvenile (14 years or older) (Age as of the competition closing date)	2:15 +/- 10 sec.	<ul> <li>Maximum of 5 jump elements:</li> <li>One must be an Axel-type jump*</li> <li>Max. 2 jump combinations or sequences</li> <li>Jump combinations limited to 2 jumps</li> <li>Number of jumps in jump sequence is not limited</li> <li>No more than 3 different double jumps may be repeated (1 each) and, if repeated, at least one attempt must be part of jump combination or sequence. Max 2 of same double jump.</li> <li>No triple jumps</li> </ul>	<ul> <li>Maximum of 2 spins: <ul> <li>1 spin combination;</li> <li>with/without change of foot*</li> </ul> </li> <li>1 spin with only 1 position; no change of foot*</li> <li>Both spins may start with a fly</li> <li>Min 5 revs; 8 revs. for combination</li> <li>Min 2 revs. in position</li> <li>Spins must be of a different character</li> </ul>	One choreographic step sequence fully utilizing ice surface.
Intermediate	2:30 +/- 10 sec.	<ul> <li>Maximum of 6 jump elements: <ul> <li>1 must be an Axel-type jump*</li> <li>Max 3 jump combinations (combos) or sequences</li> <li>Jump combinations limited to 2 jumps, but one 3-jump combo is permitted</li> <li>Number of jumps in jump sequence is not limited</li> <li>No more than 3 different double/triple jumps may be repeated; only 1 repeat may be a triple. If repeated, at least one attempt must be part of jump combo or seq. Max 2 same double or triple.</li> </ul> </li> </ul>	<ul> <li>Maximum of 2 spins: <ul> <li>1 spin combination;</li> <li>w/without change of foot*</li> </ul> </li> <li>1 spin with only 1 position; no change of foot*</li> <li>Both spins may start with a fly</li> <li>Min 5 revs; 8 revs. for combo</li> <li>Min 2 revs. in position</li> <li>Spins must be of a different character</li> </ul>	One choreographic step sequence fully utilizing ice surface.
Novice Ladies	3:00 +/- 10 sec.	<ul> <li>Maximum of 6 jump elements: <ul> <li>One must be an Axel-type jump*</li> <li>Max 3 jump combinations or sequences</li> <li>Jump combinations limited to 2 jumps, but one 3-jump combo is permitted</li> <li>Number of jumps in jump sequence is not limited</li> <li>No more than 2 jumps that are 2½ or 3 revolutions may be repeated. If double Axel or triple jumps repeated, at least one attempt must be part of jump combination or sequence.</li> <li>No more than two of the same type of double or triple jump may be attempted.</li> </ul> </li> </ul>	<ul> <li>Maximum of 3 spins:</li> <li>Spins must be of a different character</li> <li>1 flying entry w/ no change of foot or position*</li> <li>1 spin combination; w/without change of foot*</li> <li>3rd spin is option of skater</li> <li>Min 6 revs.; 10 revs. for combo</li> <li>Min 2 revs. in position</li> <li>Spins may change feet and start with a fly, except for the flying spin with no change of foot or position</li> </ul>	One leveled step sequence Fully utilizing the ice surface
Novice Men	3:30 +/- 10 sec.	<ul> <li>Maximum of 7 jump elements:</li> <li>One must be an Axel-type jump*</li> <li>Max 3 jump combinations or sequences</li> <li>Combos limited to 2 jumps, but one 3- jump combo is permitted</li> <li>Number of jumps in jump sequence is not limited</li> <li>One double Axel and two different triple jumps may be repeated. If double Axel or triple jumps repeated, must be part of jump combo or sequence.</li> <li>No more than two of the same type of double or triple may be attempted.</li> </ul>	<ul> <li>Maximum of 3 spins:</li> <li>Spins must be of a different character</li> <li>1 flying entry w/ no change of foot or position*</li> <li>1 spin combination; w/without change of foot*</li> <li>3rd spin is option of skater</li> <li>Min 6 revs; 10 revs. for combo</li> <li>Min 2 revs. in position</li> <li>Spins may change feet and start with a fly, except for the flying spin with no change of foot or position</li> </ul>	One leveled step sequence Fully utilizing the ice surface.

# **EVENT**: Well Balanced Program Free Skate, continued

Level	Time	Jumps	Spins	Step Sequences
Junior Ladies	3:30 +/- 10 sec.	<ul> <li>Maximum of 7 jump elements: <ul> <li>One must be an Axel-type jump *</li> <li>Max 3 jump combinations (combos) or sequences</li> <li>Combos limited to 2 jumps, but one 3-jump combo is permitted</li> <li>Number of jumps in jump sequence is not limited</li> <li>2 triples or quads may be repeated, and, if repeated, at lest one attempt must be part of a jump combo or sequence</li> <li>Max 2 of any double jump, including double Axel as solo jump or in combo/sequence</li> </ul> </li> </ul>	<ul> <li>Maximum of 3 spins: <ul> <li>1 flying entry*</li> <li>1 spin combination;</li> <li>w/without change of foot*</li> <li>1 spin with only 1 position *</li> <li>Min 6 revs; 10 revs. for combo</li> <li>Min 2 revs. in position</li> <li>All spins may change feet and start with a fly</li> <li>Spins must be of a different character</li> </ul> </li> </ul>	One leveled step sequence Fully utilizing the ice surface.
Junior Men	4:00 +/- 10 sec.	<ul> <li>Maximum of 8 jump elements: <ul> <li>One must be an Axel-type jump *</li> <li>Max 3 jump combinations (combos) or sequences</li> <li>Combos limited to 2 jumps, but one 3-jump combo is permitted</li> <li>Number of jumps in jump sequence is not limited</li> <li>2 triples or quads may be repeated and, if repeated, at least one attempt must be part of a jump combo or sequence</li> <li>Max 2 of any double jump, including double Axel as solo jump or in combo/sequence</li> </ul> </li> </ul>	<ul> <li>Maximum of 3 spins: <ul> <li>1 flying entry*</li> <li>1 spin combination;</li> <li>w/without change of foot*</li> <li>1 spin with only 1 position*</li> <li>Min 6 revs; 10 revs. for combo</li> <li>Min 2 revs. in position</li> <li>All spins may change feet and start with a fly</li> <li>Spins must be of a different character</li> </ul> </li> </ul>	One leveled step sequence Fully utilizing the ice surface.
Senior Ladies	4:00 +/- 10 sec.	<ul> <li>Maximum of 7 jump elements: <ul> <li>1 must be an Axel-type jump*</li> <li>Max 3 jump combinations or sequences</li> <li>Jump combinations limited to 2 jumps, but one 3-jump combination is permitted</li> <li>Number of jumps in jump sequence is not limited</li> <li>2 triples or quads may be repeated and, if repeated, at least one attempt must be part of a jump combination or sequence</li> <li>Max 2 of any double jump, including double Axel, as solo jump or in combo/sequence</li> </ul> </li> </ul>	<ul> <li>Maximum of 3 spins: <ul> <li>1 flying entry*</li> <li>1 spin combination;</li> <li>w/without change of foot*</li> <li>1 spin with only 1 position*</li> <li>Min 6 revs; 10 revs. for combo</li> <li>Min 2 revs. in position</li> <li>All spins may change feet and start with a fly</li> <li>Spins must be of a different character</li> </ul> </li> </ul>	One leveled step sequence and one choreographic sequence fully utilizing the ice surface
Senior Men	4:30 +/- 10 sec.	<ul> <li>Maximum of 8 jump elements: <ul> <li>1 must be an Axel-type jump*</li> <li>Max 3 jump combinations or sequences</li> <li>Jump combinations limited to 2 jumps, but one 3-jump combination is permitted</li> <li>Number of jumps in jump sequence is not limited</li> <li>2 triples or quads may be repeated and, if repeated, at least one attempt must be part of a jump combination or sequence</li> <li>Max 2 of any double jump, including double Axel, as solo jump or in combo/sequence</li> </ul> </li> </ul>	<ul> <li>Maximum of 3 spins: <ul> <li>1 flying entry*</li> <li>1 spin combination;</li> <li>w/without change of foot*</li> <li>1 spin with only 1 position*</li> <li>Min 6 revs; 10 revs. for combo</li> <li>Min 2 revs. in position</li> <li>All spins may change feet and start with a fly</li> <li>Spins must be of a different character</li> </ul> </li> </ul>	One leveled step sequence and one choreographic sequence fully utilizing the ice surface

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#### **EVENT**: Singles Short Program

The short program events listed below will be skated. Athletes and coaches are responsible for going to the 2015 U.S. Figure Skating rulebook for rules, program length, etc.

- Intermediate Short Program Rule 4230
- Novice Short Program Rule 4220
- Junior Short Program Rule 4210
- Senior Short Program Rule 4200

#### EVENT: Combined Short Program & Well Balanced Free Skate

Skaters have the opportunity to skate a combined event (both short program and long program) for Intermediate, Novice, Junior, and Senior. Skaters will skate both programs. Final placements will be determined according to USFS rules, which will combine results from both the Short and Free Skating programs. Elements for the Short Program will be the same as those specified in the 2015 U.S. Figure Skating Rulebook. Skaters may also skate the Short Program and Free Skating single events separately (e.g., skater may register for the Championship Junior event (FS and SP) and the Junior Free Skate and/or the Junior Short program individually). There MAY be final rounds for championship events depending upon the number of entries in each event. The Final Rounds will consist of ONLY the Free Skating program.

#### **EVENT**: Introductory Levels Compulsory Moves

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- Skaters must skate at the same level as Free Skating or Test Track competition events.
- Male and Female skaters may be combined in this event.
- To be skated on ½ ice
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels

Level	Time	Skating rules / standards
		Waltz jump
Beginner	1:15 max.	<ul> <li>½ jump of choice</li> </ul>
		<ul> <li>Forward two foot or one foot spin, minimum three revolutions (free leg</li> </ul>
(no higher test passed		position optional)
than Basic Skills FS4)		Forward or backward spiral
		Toe loop jump
High Beginner	1:15 max.	Salchow jump
		<ul> <li>Forward scratch spin- minimum three revolutions</li> </ul>
(no higher test passed		Forward or backward spiral
than Basic Skills FS5)		
		Loop jump
No-Test	1:15 max.	<ul> <li>Jump combination to include a toe loop (may not use a loop or Axel)</li> </ul>
		<ul> <li>Solo spin- sit or camel spin - minimum three revolutions</li> </ul>
(has not passed a		<ul> <li>Spiral sequence- must include a forward and backward spiral.</li> </ul>
Pre-Preliminary Test)		Additional spirals and balance moves may be included.

#### EVENT: COMPULSORY MOVES

- Skaters must skate at the same level as Free Skating or Test Track competition events.
- Male and Female skaters may be combined in this event.
- Basic Skills Pre-Juvenile: Elements skated on ½ ice
- Juvenile: Elements skated on full-ice
- Elements may be performed only once.
- Music is not allowed.

Level	Time	Skating rules / standards
D	1.00	Single flip
Pre –	1:00 max.	<ul> <li>Jump combination: single / single (no Axel)</li> </ul>
Preliminary		<ul> <li>Sit spin or camel spin; min. 3 revolutions</li> </ul>
		<ul> <li>Spiral sequence with 1 forward spiral and 1 backward spiral (any edge)</li> </ul>
		Single Lutz
Preliminary	1:00 max.	<ul> <li>Jump combination: single / single (may include Axel)</li> </ul>
		Back upright spin; min., 3 revolutions
		Forward inside spiral
		Single jump (may include Axel)
Pre – Juvenile	1:15 max.	<ul> <li>Jump combination: single / single (may include Axel)</li> </ul>
		<ul> <li>Layback spin or camel spin; min. 3 revolutions</li> </ul>
		Step sequence - Circular
		Single Axel
Juvenile &	1:15 max.	<ul> <li>Jump combination: single / single or double / single</li> </ul>
Open Juv.		<ul> <li>Layback spin or camel spin; min. 3 revolutions</li> </ul>
		Step sequence – Circular

#### **EVENT**: Jumps Challenge

- Skaters must skate at the same level as their Free Skating or Test Track competition events.
- Male and Female skaters may be combined in this event.
- Each jump may be attempted twice; the best attempt will be counted.
- Pre-juvenile and lower will be skated ½ ice; Juvenile senior will be skated on full ice
- Jumps with an "\*" must be preceded with connecting steps (intermediate senior)

Level	Time	Skating rules / standards
		Waltz jump (from backward crossovers)
Beginner	1:15 max.	• ½ flip or ½ Lutz
		Single Salchow
		Waltz jump (from backward crossovers
High	1:15 max.	Single Salchow
Beginner		<ul> <li>Jump combination – waltz jump-toe loop</li> </ul>
		Single toe-loop
No Test	1:15 max.	Single loop
		<ul> <li>Jump combination – Any two ½ or single revolution jumps (no Axel)</li> </ul>
		Single toe-loop
Pre –	1:15 max.	Single flip
Preliminary		<ul> <li>Jump combination - Any two ½ or single revolution jumps (no Axel)</li> </ul>
		Single flip
Preliminary	1:15 max.	Single Lutz
		<ul> <li>Jump combination – Any single jump + single loop (may be Axel)</li> </ul>
		Single Axel
Pre –	1:15 max.	Single or double jump
Juvenile		<ul> <li>Jump combination – single / single (no Axel)</li> </ul>
		Single Axel
Juvenile &	1:15 max.	Double Salchow
Open Juv.		<ul> <li>Jump combination – single / single or double / single (no Axel)</li> </ul>
		Single Axel
Intermediate	1:15 max.	Double loop*
		<ul> <li>Jump combination – double / single (no Axel)</li> </ul>
		Double loop
Novice	1:15 max.	Double flip*
		<ul> <li>Jump combination – double / double (may be double Axel)</li> </ul>
		Choice of double or triple jump
Junior	1:15 max.	Double or triple flip*
		<ul> <li>Jump combination – double / double (may be double Axel)</li> </ul>
		Choice of double or triple jump
Senior	1:15 max.	Double or triple Lutz*
		<ul> <li>Jump combination – double / double or triple / double (may be double Axel)</li> </ul>

#### **EVENT**: Spins Challenge

- Skaters must skate at the same level as their Free Skating or Test Track competition events.
- Male and Female skaters may be combined in this event.
- Spins may be skated in any order. Connecting steps are allowed, but will not be taken into consideration in scoring. Spins may not be repeated. Only required elements may be included.
- All events are skated on ½ ice.
- Minimum number of revolutions is noted in ( ).

Level	Time	Skating rules / standards
		Upright one-foot spin (3)
Beginner	1:30 max.	Upright two-foot spin (3)
		• Sit spin (3)
		Upright one-foot spin (3)
High	1:30 max.	Upright two-foot spin (3)
Beginner		• Sit spin (3)
		Upright one-foot spin (3)
No Test	1:30 max.	Upright two-foot spin (3)
		• Sit spin (3)
		Upright one-foot spin (3)
Pre –	1:30 max.	<ul> <li>Upright back scratch spin(3)</li> </ul>
Preliminary		Sit spin (3)
		Forward scratch to back scratch spin (3)
Preliminary	1:30 max.	<ul> <li>Combination spin with no change of foot (4)</li> </ul>
		• Sit spin (3)
		Camel spin (3)
Pre –	1:30 max.	<ul> <li>Combination spin – camel to sit spin; no change of foot (6)</li> </ul>
Juvenile		<ul> <li>Forward to backward scratch spin (3 per foot)</li> </ul>
		• Sit spin (4)
Juvenile &	1:30 max.	<ul> <li>Combination spin – change of foot; optional change of position (4 per foot)</li> </ul>
Open Juv.		<ul> <li>Girls – layback spin (4); Boys – camel spin (4)</li> </ul>
		Flying camel spin (5)
Intermediate	1:30 max.	<ul> <li>Sit spin to backward sit spin (4 per foot)</li> </ul>
		<ul> <li>Combination spin – change of foot &amp; change of position (4 per foot)</li> </ul>
		Choice of camel, sit or layback spin (6)
Novice	1:30 max.	<ul> <li>Camel spin to backward camel spin (4 per foot in position)</li> </ul>
		<ul> <li>Combination spin – change of foot &amp; two changes of position (2 per position &amp;</li> </ul>
		5 per foot)
		Flying sit spin or flying reverse sit spin (6)
Junior	1:30 max.	<ul> <li>Ladies – layback spin (6); men – cross-foot spin (6)</li> </ul>
		Combination spin – with change of foot & utilizing all three positions (2 per
		position & 5 per foot)
		Flying spin of choice (6)
Senior	1:30 max.	<ul> <li>Solo spin of choice (6) – may not fly</li> </ul>
		<ul> <li>Combination spin – with change of foot &amp; utilizing all three positions (2 per</li> </ul>
		position & 5 per foot)

- Levels are based upon the skaters' highest Moves in the Field test passed.
- Male and Female skaters may be combined in this event.
- The skater will perform two Moves in the Field patterns.
- Each skater will complete both of their required patterns, consecutively, in the order listed; just pausing briefly in-between.

Level	Moves
Pre-Preliminary	<ol> <li>Forward perimeter stroking (1/2 rink only)</li> <li>Basic consecutive edges (Forward outside &amp; Forward inside ONLY)</li> </ol>
Preliminary	<ol> <li>Forward &amp; backward crossovers</li> <li>Forward power 3-turns</li> </ol>
Pre-Juvenile	<ol> <li>Forward &amp; backward perimeter stroking.</li> <li>Forward Outside-Backward inside 3-turns.</li> </ol>
Juvenile	<ol> <li>Forward power circle</li> <li>Backward power 3-turns.</li> </ol>
Intermediate	1. Brackets in the Field 2. Spiral sequence
Novice	<ol> <li>Inside 3-turns/rocker-choctaws</li> <li>Twizzles (Backward outside ONLY)</li> </ol>
Junior	<ol> <li>Forward &amp; backward outside rockers</li> <li>Backward loop pattern.</li> </ol>
Senior	<ol> <li>Sustained edge step</li> <li>Serpentine step sequence</li> </ol>

#### EVENT: SHOWCASE - Artistic

Eligibility by test level is the same as for Free Skating events. Skaters must compete at the same level as Free Skating and/or Compulsory events. There is only one category – Dramatic and Entertainment numbers will be mixed. Artistic feeling and presentation are stressed more than the technical difficulty in these events. Vocal/instrumental music of the skater's choice is used. Props are allowed so long as they at all times remain in contact with the skater's body. Any item losing contact with the skater's body at any time, intentional or accidental, will result in disqualification. Judging criteria may include originality, creativity, and musical interpretation. Male and female skaters may be grouped together. Split, stag, and ½-loop jumps are not considered jumps.

#### Test Track and Balanced Program free style skate competitors will skate together for the artistic events

Level	Restrictions	Time Limit
Beginner, High Beginner, No Test, Pre-Preliminary	Three jump maximum with no Axels or Doubles.	1.5 minute maximum
Preliminary, Pre- Juvenile,	Three jump maximum with no Axels or Doubles.	1.5 minute maximum
Juvenile, Open Juvenile	Three jump maximum with no Doubles. Axels permitted.	2 minute maximum
Intermediate, Novice	Three jump maximum with no Doubles. Axels permitted.	2 minute maximum
Junior, Senior	Three jump maximum with no Doubles. Axels permitted.	2.5 minute maximum
Adult	Three jump maximum with no Axels or Doubles.	2 minute maximum

#### **EVENT**: Showcase Events – Interpretative Events

Interpretive is a performance choreographed by the competitor, unaccompanied and unassisted, to music supplied by the competition committee / LOC. Programs should incorporate various elements of expressive movement and skating moves, to enhance the skater's interpretation of the music, rather than technical elements.

Skaters will hear music twice in the dressing room prior to warm-up, twice during warm-up, and once just prior to entering the ice for their performance. Skaters may not communicate with anyone other than the monitor once they have heard the music.

Level	Restrictions	Time Limit
Beginner, High Beginner, No Test, Pre-Preliminary	Three jump maximum with no Axels or Doubles.	1 minute maximum
Preliminary, Pre- Juvenile,	Three jump maximum with no Axels or Doubles.	1 minute maximum
Juvenile, Open Juvenile	Three jump maximum with no Doubles. Axels permitted.	1.5 minute maximum
Intermediate, Novice	Three jump maximum with no Doubles. Axels permitted.	1.5 minute maximum
Junior, Senior	Three jump maximum with no Doubles. Axels permitted.	1.5 minute maximum

#### SYNCHRONIZED SKATING EVENTS

Please see website, ecfigureskate.org for Synchronized Team registration materials and information.

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#### NO FORM WILL BE PROCESSED WITHOUT USFS NUMBER March 13&14, 2015 ENTRIES MUST BE POSTMARKED BY February 7, 2015

First:	Last:	USFS #:	USFS #:	
Address:	City:	State:	Zip:	
Parent's Name:	Phone #: ( )	Gender:	FM	
Freestyle Test Passed (as of 02/7/15)	): Date of Birth:	Age (as of 02/7/15):		
Home Club:	E-mail Address:			
Championship, Free skating	or Test Track Free Skate, Compu	ilsory moves,	Short program, Jumps, Spins,	
an	d Artistic events <u>MUST</u> be skated	at the same le	evel.	
· · · ·	format only) will be accepted. They should	•		
-	ed on <b>CD-R</b> media ( <b>no CD-RW's</b> due to c	ompatibility prob	lems). Music must be turned in	
at the time of registration.				
Introductory Levels Free Skate:	Short Program:	Spins:		
□ Beginner	□ Intermediate	□ Be	ginner	
□ High Beginner	□ Novice	🗆 Hig	gh Beginner	
□ No Test	□ Junior	□ No	$\square$ No test	
Test Track Free Skate	□ Senior	□ Pre	□ Pre-Preliminary	
□ Pre-Preliminary	Championship Event: (FS &SP)	□ Pre	eliminary	
□ Preliminary	□ Intermediate	□ Pre	-Juvenile	
□ Pre-Juvenile	□ Novice	🗆 Juv	venile, Open Juvenile	
□ Juvenile	□ Junior	□ Inte	ermediate	
Open Juvenile	□ Senior	□ No	vice	
□ Intermediate	Introductory Levels Compulsory:	🗆 Jun	lior	
□ Novice	□ Beginner	□ Ser		
□ Junior	□ High Beginner	Moves in	Moves in the Field:	
□ Senior	□ No Test	□ Pre	□ Pre-Preliminary	
Well-Balanced Free Skate	Compulsory:	□ Pre	$\Box$ Preliminary	
□ Pre-Preliminary	□ Pre-Preliminary	□ Pre	e-Juvenile	
□ Preliminary	□ Preliminary	🗆 Juv	□ Juvenile	
□ Pre-Juvenile	□ Pre-Juvenile	🗆 Inte	ermediate	
□ Juvenile	Juvenile / Open Juvenile	□ No	vice	
□ Open Juvenile	Jumps:	🗆 Jun	nior	
□ Intermediate	□ Beginner	□ Ser	□ Senior	
□ Novice	□ High Beginner	Artistic	Artistic Free Skating:	
□ Junior	$\Box$ No test	-	□Beginner, High Beginner, No Test,	
□ Senior	□ Pre-Preliminary		Pre-Preliminary	
	□ Preliminary		eliminary, Pre-Juvenile	
	□ Pre-Juvenile		venile, Open Juvenile	
	□ Juvenile, Open Juvenile		ermediate, Novice	
	□ Intermediate		nior, Senior	
	□ Novice		interpretive:	
	□ Junior	🗆 Begin	ner, High Beginner, No Test,	
	□ Senior	Prelim	ninary, Pre-Juvenile	
		□ Juveni	ile, Open Juvenile	
		□ Interm	nediate, Novice	
		□ Junior	, Senior	

Fees and Signatures on Next Page Must be Completed Do Not Forget Your USFS # on this Page FEES AND INSTRUCTIONS				
Second Event @ 35.00	\$			
Additional Events @\$20	\$			
Practice Ice: Number of sessions \$10 per session Late Fee @ \$25.00 (if applicable) postmark after 2/7/2015 TOTAL FEES (Do not include practice ice in total)	\$			
Check Processing Fee	\$ \$10.00			
	\$(Total Registration Fees) Please remember your USFS number at the top of the previous page			
Mail entry form including all required	7, 2015. No refunds will be issued after February 7, 2015. signatures and check payable to ECFSC to: 6 <sup>th</sup> Street Elk Mound, WI 54739			

## **RELEASE AND CERTIFICATION OF CONTESTANT**

I understand that USFS and the Eau Claire Figure Skating Club or organizers of this competition undertake no responsibility for damages or injuries, or loss of property suffered by the skaters. As a condition of and in consideration of the acceptance of their entries or participation therein, all entrants and their parents/guardians shall be deemed to agree to assume all risks of injury to their person and property resulting from, caused by, or connected with the conduct and management of the competition, and to waive and release any and all claims which they may have against any officials, USFS, organizers of the competition, the Eau Claire Figure Skating Club and its Officers, and their entries shall be accepted only on such condition

Signature of Parent/Guardian (or skater if age 18 years of age or older)

Date

## **CERTIFICATION OF CLUB OFFICER**

To the best of my knowledge, the information on this form is true and correct. The competitor is a full member in good standing of our club and has passed the appropriate tests to skate the events entered. (If you are an individual member, you will certify your own form.)

Signature:       Title:       Club: no abbreviations	Club Officer: Please print name					
Title:     Club: no abbreviations	Signature:					
	Title:	Club: no abbreviations				

## **CERTIFICATION OF PRIMARY COACH**

I have read this entry form, and certify that it is complete and that the information is true and accurate. (Note: Coach's signature is required. If address is completed, your coach will be notified of your skating times.)

#### **Please Print- Certification of Primary Coach**

Coach's Name:					
Coach's Address:	Street address: City/State/Zip Code:				
Phone Number: (	)	E-mail:			
Coach's Signature:		Date:			